

CROCHET A BRIGHT CARDIGAN | FREE! SEWING PATTERN Exclusive offer inside\*

# prima

PRIMA.CO.UK  
NOVEMBER 2023

Treat yourself!  
**20% OFF\***  
HEATHCOTE  
& IVORY

## GABY ROSLIN

Why it's time to spread the joy!

JAMIE OLIVER  
SIMPLE SUPPERS

HEALTHY  
HEART  
Daily tips to keep  
yours strong

## Step out in style

### THIS AUTUMN

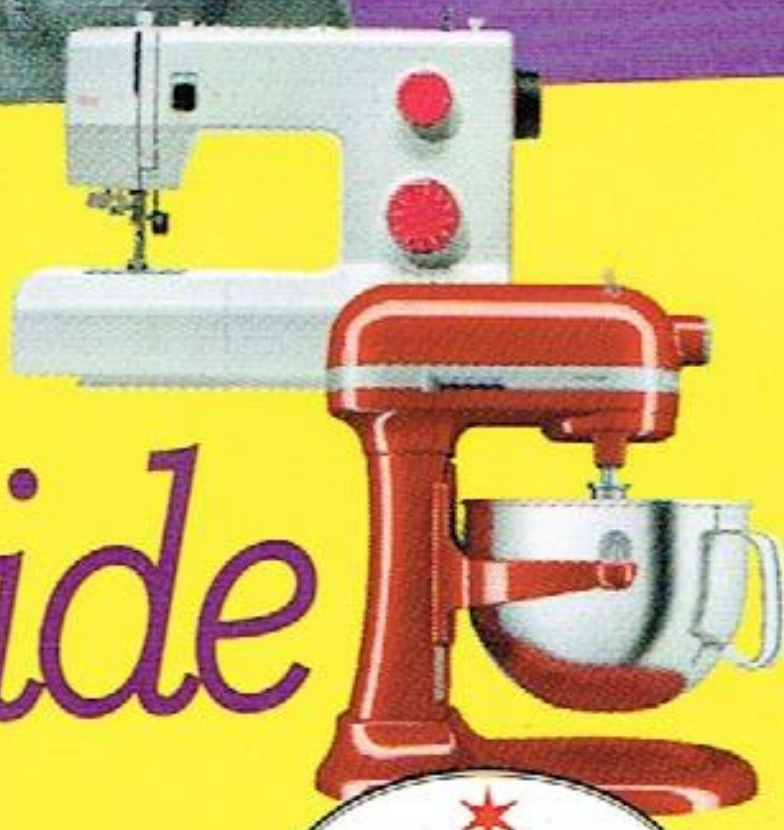
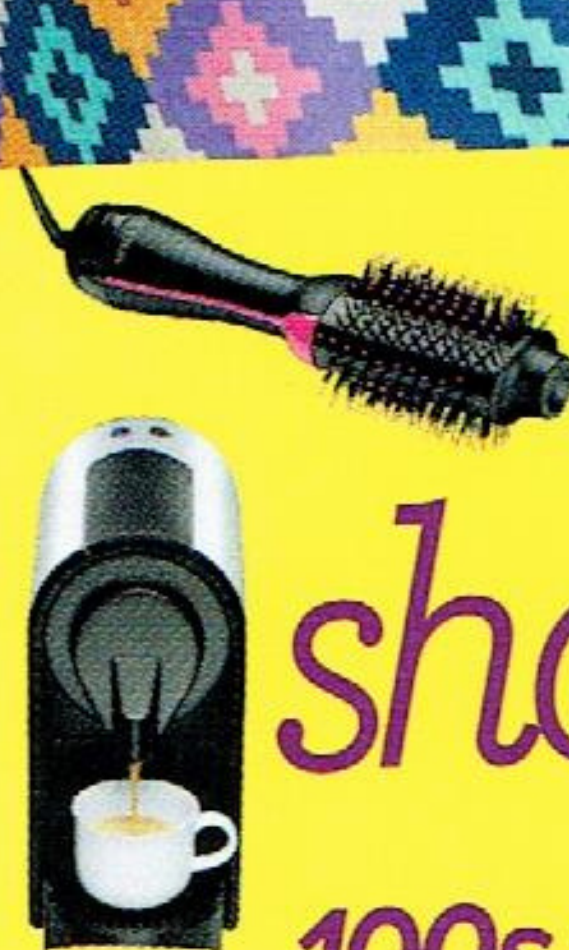
- ✓ SMART COATS
- ✓ BEST BOOTS
- ✓ THE 'IT' KNIT

6 easy ways to  
**LOOK GOOD  
FOR LESS**

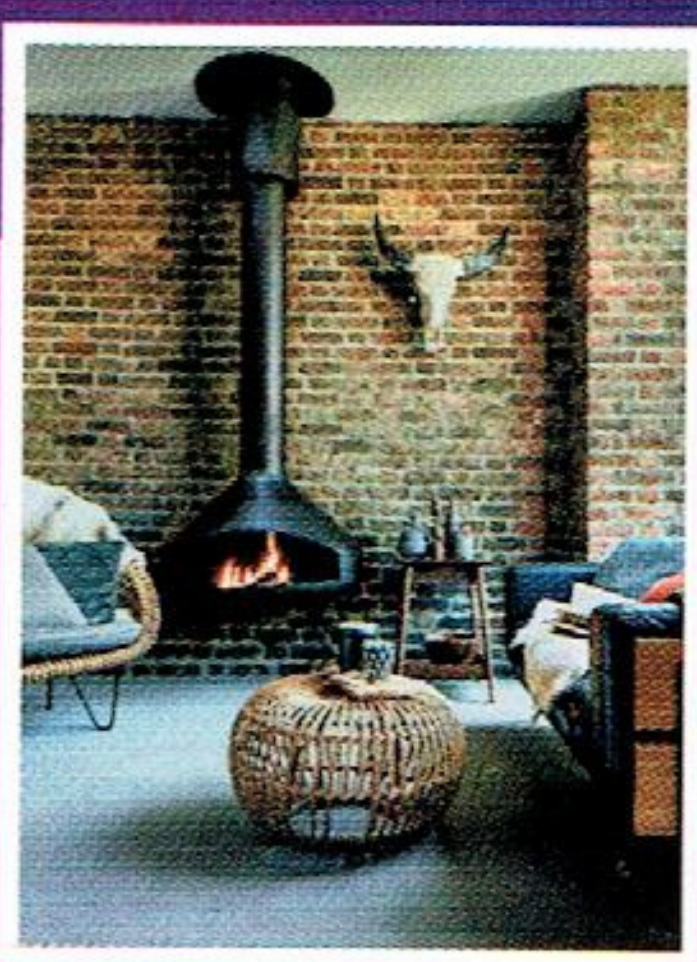
# FREE INSIDE!

## 52-PAGE shopping guide

100s of products tested for you



**HEAD FOR  
THE SUN**  
Brilliant breaks with  
vitamin D guaranteed!



**COSY UP  
AT HOME**  
Warm & welcoming  
buys from just £4



T&Cs apply

### SNOW FUN FOR EVERYONE

For a fab winter holiday, head to La Rosière in the French Alps. Peak Retreats offers seven nights in a two-bedroom Les Cimes Blanches apartment from £518pp, based on five sharing; peakretreats.co.uk.

### 3 of the BEST

## PLANET-FRIENDLY HOLIDAYS

SAWDAY'S has combined forces with sustainable travel specialist Byway to create flight-free itineraries to inspire your next holiday. A 10-day Holy Trinity tour of Italy by train starts from £1,641pp; sawdays.co.uk.

### FOREST HOLIDAYS

has been awarded B Corp accreditation for its conservation work. Head to Blackwood Forest for a cosy three-night stay. From £460 for a Silver Birch cabin; forestholidays.co.uk.

### ORIGINAL TRAVEL

has launched The Secret Stories, a collection of itineraries to lesser-known parts of the world, in a bid to tackle overtourism. Destinations include El Hierro and La Gomera in the Canary Islands, Lake Michigan in the US and the Yukon in Canada; originaltravel.co.uk.

### THE LATEST NEWS AND INSPIRATION

# Plan it, book it, LOVE IT!

Great holiday ideas from our travel expert, Jane Anderson

### Hox at Home

If you've ever been inspired by a hotel interior for your home decor, The Hoxton has collaborated with sustainable paint company Bauwerk Colour to create a range called Neighbourhood Collection. The nine shades celebrate some of The Hoxton's locations, from the pink stucco-fronted facades of West Berlin to the deep maritime hue of Amsterdam's Eastern Docklands. From £30; bauwerkcolour.com.

### SAIL AWAY

Cunard has announced its Literature Festival at Sea for November 2024. Book lovers can enjoy seven days of literary events, sailing across the Atlantic with acclaimed authors such as Mark Billingham, Chris Brookmyre and Marisa Haetzman. From £1,199pp; cunard.com.

Travel news

### GET SET FOR A CHRISTMAS MARKET

It's time to get your shopping bags at the ready.

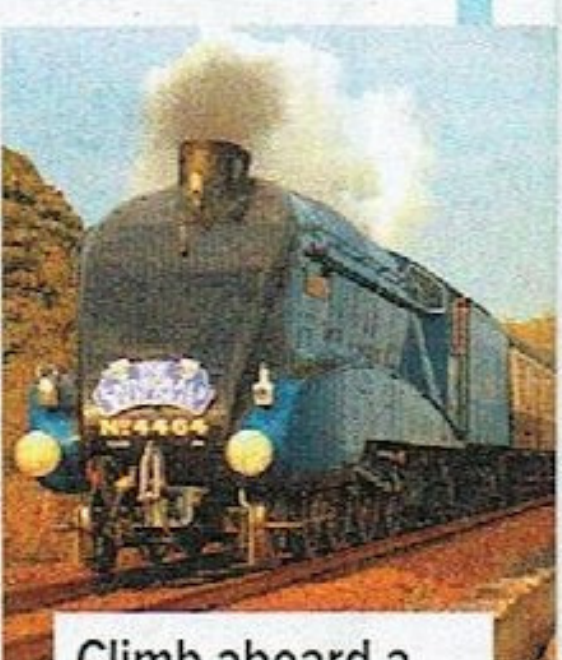
#### THE STEAM DREAMS RAIL CO

has a four-day Edinburgh Christmas Market holiday departing London King's Cross on 23 November. From £598pp, including stream train travel and accommodation; steamdreams.co.uk.

#### UNTRAVELLED PATHS

 has a three-night Transylvania Christmas Markets Experience. Visit the atmospheric towns of Sibiu, Brasov and Bucharest, sampling their medieval squares and festive markets. From £389pp; untravelledpaths.com.

#### EMERALD CRUISES

 has an eight-day Christmas Markets on the Rhine voyage, visiting Basel, Strasbourg, Cologne and Amsterdam. From £2,295pp, including flights; emeraldcruiises.co.uk.

Climb aboard a train to Edinburgh



Enjoy festivities by the canals