

# How to...



# ENTERTAIN YOUR CHILDREN in the car

A mini guide from the parents on the Peak Retreats team

1

"We play a lot of 'show & tell' games in the car. Usually 'What's outside?' or 'Can you see the..?' go down well!"

2

"Eye spy is good!"  
"Yes, eye spy is always a great game for our long car journeys!"

3

"Shout ring ring if you see a phone box or knock knock if you see a postbox. Give points for each, the winner is the person with most points!"

4

"I ask them to draw me a map of the journey as we're going along. The more colouring pencils you have the better!"

5

"We play memory games like the classic, 'When Grandma went to the supermarket she bought...' "

6

"My children seem to really enjoy their audio books and car karaoke sing-alongs are always fun!"

7

"We have a special notebook for the long journeys, which they use to write in all the pub names they can see."

8

"I make them a bag full of objects each (like marbles) they then have to race each other to find the object that I ask for first!"

9

"We can play the alphabet game for hours! Choose a topic (fruit, animals, etc) and take turns to name something beginning with each letter of the alphabet."

10

"We play the neverending story. I start the story, then we take it in turns to add a sentence, building the story as we go!"

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